

# How To Become A Career Coach

**how to become a career coach: Be Your Own Career Coach** Rus Slater, 2012-10-12

**how to become a career coach: Career Coaching** Marcia Bench, 2013-09-01

**how to become a career coach: The Career Coaching Handbook** Julia Yates, 2013-11-20

Uniquely combining the latest research into careers with the most up to date coaching approaches, Julia Yates shows how to effectively apply coaching techniques to the world of career support. Demonstrating how coaching research explains practice and how practice benefits from research, The Career Coaching Handbook is accessibly written with a solid evidence-based foundation. Presented in three parts, the book covers developments in theory and research and applies this knowledge to the real world. Part 1, Theories of Career, looks at 21st century career paths, job satisfaction and career changes – both planned and unplanned. Part 2, Career Coaching Approaches, looks at coaching strategies that are applicable to career coaching in particular. Part 3, Coaching into the World of Work, covers specific real-world situations where coaching is beneficial, from job search strategies to CV and interview coaching. Evidence and research is used throughout to demonstrate the most effective strategies for coaching. The Career Coaching Handbook provides an essential introduction for students or practitioners who are interested in developing their own practice, finding new and improved ways to do things and understanding the theories that underpin effective career coaching practice.

**how to become a career coach: FabJob Guide to Become a Life Coach** Brenna Pearce, Allan M. Heller, 2008-01-01

**how to become a career coach: Creative Career Coaching** Liane Hambly, Ciara Bomford, 2018-11-12 Creative Career Coaching: Theory into Practice is an innovative book for career development students and professionals aiming to creatively progress their coaching practice. Without losing sight of fundamental coaching values and practices, it encourages career development professionals to adapt their practice by harnessing imagination, intuition and critical reflection to engage clients. Hambly and Bomford consider the usefulness of creativity alongside traditional coaching models to reach harder to help groups. They consider a whole-brain approach to creativity, emphasising the need for coaches to adapt their client-facing skills for individual cases. They work through how clients make career decisions, how to use labour market information to motivate clients, how to frame a creative coaching session using techniques such as metaphor, visualisation and role play, how to use practical tools and techniques to resolve a client's individual needs, and how to deliver on digital platforms. Combining the latest neuroscientific research with activities, summaries and case studies, this book provides a practical, skills-based approach to coaching. Creative Career Coaching: Theory into Practice is the first book to summarise the Creative Career Coaching Model. It will be an indispensable resource for students of career development, career coaching, coaching psychology and advice and guidance courses. It will also be of interest to career coaches in practice seeking to enhance their skills.

**how to become a career coach: The Career Coaching Toolkit** Julia Yates, 2018-10-03 The Career Coaching Toolkit is a practical guide to 34 effective and relevant career coaching techniques to help practitioners encourage, stretch and clarify their clients' thinking. Structured around ten of the most common career dilemmas clients bring to their coaches, this book provides clear advice to coaches about when to apply the right technique to address all of these problems. With a dual focus on theory and practice, each chapter explores the links between the coaching technique and the scientific research on which it is based. The book explains how and why the technique works, giving the reader a real appreciation of the underlying mechanisms that make these techniques effective. Written specifically for career coaching, this deepened understanding will enhance confidence when working with clients. A practical toolkit for practitioners and students alike, The Career Coaching

Toolkit will add depth to the practice of anyone working with clients facing a career crossroads, or conducting research into occupational identities and career decision making.

**how to become a career coach:** Career Coach 2011 Corinne Mills, 2011-09 Bored with your job? Frustrated at work? Need a big career change but don't know what? Perhaps you've watched as colleagues have fast-tracked their careers while you've been left behind. Or maybe you've got friends and work mates who've reinvented their career and wish you could do the same. If you're feeling dissatisfied or stuck with your current career or job, then this book is radically going to change your prospects! How? You need your own one-to-one consultation with an inspiring careers coach - and that's what you'll find inside. By giving you the tools to match your experience and skills to the exciting new career you dream of - and a plan of how to get it - you'll be able to make your career aspirations a reality. Career Coach 2012 shows you how to take back control over your career. Using the latest career management techniques you'll develop your own personal step-by-step action plan to make your job and career aspirations a reality, whatever they may be. This practical workbook takes you through a full career analysis exactly like a real career coach would; follow the week-by-week programme and complete the insightful quizzes and questionnaires to help you pinpoint your personal strengths and skills. Then work out how to match your experience and potential to a fulfilling and successful career - and how to achieve it. Written by the UK's leading career management expert, Corinne Mills, you can be sure you're getting the best advice from someone who knows the UK job market inside out - unlike other books available which are written by American authors for job hunters in the US. Motivating and inspiring, Career Coach 2012 shows you how to make smart decisions about your future career so you can really turn your dreams into a reality. Don't be afraid to take the leap - reinvent your career and make it happen!

**how to become a career coach:** *101 Best Ways to Land a Job in Troubled Times* Jay A. Block, 2009-12-11 THE PROVEN FIVE-STEP STRATEGY FOR FINDING THE JOB OF YOUR DREAMS! "If you are serious about landing a quality job quickly in today's job market, this book will practically guarantee your success." -Bob Burg, bestselling author of Endless Referrals and The Go-Giver "Jay Block has taken his place as one of the career coaching industry's most innovative thinkers and contributors." -Frank X. Fox, Executive Director, Professional Association of Résumé Writers & Career Coaches "A must-read for all job seekers in today's highly competitive job market." -Sherry Zylka, Associate Dean of Continuing Education and Workforce Development, Schoolcraft College (Michigan) "Jay has written a unique and highly effective book combining motivational techniques with job search innovation." -Susan Leventhal, Manager, Professional Placement Network, Workforce One, Florida About the Book: In *101 Best Ways to Land a Job in Troubled Times*, Jay Block helps you approach your job transition strategically—not as a one-time search, but as a campaign of discovery through which you'll achieve your career objectives. Follow his easy five-step process to: Manage fear and negative emotions that impede success Carefully define clear job and career goals Create effective and high-impact self-marketing tools that make job seekers STAND OUT professionally Develop strategic, structured action plans that will become the job seeker's GPS to their next job Take action and "enjoy the process" of landing a job in troubled times quickly and effectively Block's proven method is the only way to truly seize control of your future, land the job you want, and earn the pay you deserve.

**how to become a career coach:** Never Too Old to Get Rich Kerry E. Hannon, 2019-06-25 Start a successful business mid-life When you think of someone launching a start-up, the image of a twenty-something techie probably springs to mind. However, Gen Xers and Baby Boomers are just as likely to start businesses and reinvent themselves later in life. *Never Too Old to Get Rich* is an exciting roadmap for anyone age 50+ looking to be their own boss and launch their dream business. This book provides up-to-date resources and guidance for launching a business when you're 50+. There are snappy profiles of more than a dozen successful older entrepreneurs, describing their inspirational journeys launching businesses and nonprofits, followed by Q&A conversations, and pull-out boxes containing action steps. The author walks you through her three-part fitness program: guidelines for becoming financially fit, physically fit, and spiritually fit, before delving more deeply

into how would-be entrepreneurs over 50 can succeed. • Describes how you can find capital to start your own business • Offers encouraging stories of real people who have become their own bosses and succeeded as entrepreneurs • Written by PBS Next Avenue's entrepreneur expert, Kerry Hannon • Teaches you how to start your own business Never Too Old to Get Rich is the ideal book for older readers looking to pursue new business ventures later in life.

**how to become a career coach:** Pivot Jenny Blake, 2016-09-06 "Looking to make a career change? Pivot is a book you will turn to again and again."—Daniel H. Pink, author of To Sell Is Human and Drive If you've got the perfect job or business, congratulations. But if you are even a little bit uncertain that your current gig is the right one, it is time to start thinking about your next move. In the new world of work, it's the only move that matters. What's next? is a question we all have to ask and answer more frequently in an economy where the average job tenure is only four years, roles change constantly even within that time, and smart, motivated people find themselves hitting professional plateaus. But how do you evaluate options and move forward without getting stuck? Jenny Blake's solution: it's about small steps, not big leaps—and the answer is already right under your feet. This book will teach you how to pivot from a base of your existing strengths. Pivoting is a crucial strategy for Silicon Valley tech companies and startups. Jenny Blake—a former training and career development specialist at Google who now runs her own company as a career and business consultant and speaker—shows how pivoting can also be a successful strategy for individuals looking to make changes in their work lives, whether within their role, organization or business, or setting their sights on bigger shifts. When you pivot, you double down on your existing strengths and interests to move in a new, related direction, instead of looking so far outside of yourself for answers that you skip over your hard-won expertise and experience. It empowers you to navigate changes with flexibility and strength—now and throughout your entire career. Much like the lean business principles that took Silicon Valley by storm, pivoting is the crucial skill you need to stay agile, whether or not you are actively looking for a new position. No matter your age, industry, or bank account balance, Jenny's advice will help you move forward strategically. Her Pivot Method will teach you how to: • Double down on existing strengths, interests, and experiences. Identify what is working best and where you want to end up, then start to bridge the gap between the two. • Scan for opportunities and identify new skills without falling prey to analysis paralysis or compare and despair. Explore options by leveraging the network and experience you already have. • Run small experiments to determine next steps. Do side projects to test ideas for your next move, taking the pressure off so you don't need to have the entire answer up front. • Take smart risks to launch with confidence in a new direction. Set benchmarks to decide when the time is right to go all-in on your new direction. Pivot also includes valuable insight for leaders who want to have more frequent career conversations with their teams to help talented people pivot within their roles and the broader organization. No matter your current position, one thing is clear: your career success and satisfaction depends on your ability to determine your next best move. If change is the only constant, let's get better at it.

**how to become a career coach: The Energy of Money** Maria Nemeth, Ph.d., 2010-11-03 A revolutionary program that can free your financial energy, increase your wealth, and help you achieve personal life goals "Money is congealed energy," said Joseph Campbell. And releasing it releases life's possibilities. . . . Thousands of people worldwide have learned how to build a powerful new relationship with their money and bring their dreams to fruition through Dr. Maria Nemeth's dynamic workshops. Now you can, too. In The Energy of Money, Dr. Nemeth—who received an Audio Publishers Award for her Sounds True series on which this book is based—draws upon her more than twenty years' experience in synthesizing spiritual and practical techniques for managing yourself and your work. Combining a complete self-help and self-discovery regimen with proven methods of money management, this powerhouse guide to prosperity presents twelve principles that will help you to • Uncover the hidden landscape of beliefs, patterns, and habits that underlie and sometimes subvert your everyday use of money and personal resources • Tame the dragons of driven behavior and busyness • Defuse fears of deprivation and scarcity • Embrace and work

through paradox and confusion • Consciously focus your money energy • Clear yourself to receive the energy and support of others and the universe • Develop and stay on your personal path to abundance Through easy-to-follow exercises and meditations, effective worksheets, and other interactive processes, Dr. Nemeth will guide you to financial success and help you manifest your special contribution to the world.

**how to become a career coach: Cool Careers For Dummies** Marty Nemko, 2011-02-25 Every year, thousands of people change careers. Whether you are a recently graduated student looking to put what you studied to good use or an experienced professional looking for a change in routine, finding a career that really suits you can be a daunting task. Cool Careers for Dummies helps you discover what you really want out of life, what your passions are, and how well you perform in different environments, and then shows you how to use this information to find a career that suits you. Now revised and up-to-date, this easy-to-use guidebook helps you explore your job options and make clear-minded decisions. This new edition gives you the tools you need to: Search for and find a career that fits your talents Land the job you want Train for your new found career Mold your resume into a masterpiece Put on a stunning interview Improve your career by making the most out of your job Explore the fun and profit of self-employment Along with these features, Cool Careers for Dummies provides a self-assessment section to help you identify your interests. After answering a few questions about yourself, you'll apply your answers to the Cool Careers Yellow Pages, which profiles more than 500 great careers. It also lets you in on some unwritten codes of the office, such as having integrity, defusing saboteurs, and maintaining office relationships. So what are you waiting for? Get Cool Careers for Dummies and find the job of your dreams today!

**how to become a career coach: Wanted -> a New Career** Marlo Lyons, 2021-08-03 Wanted -> A New Career helps people take their skills from their current jobs and careers and transition them to new careers, even if they have never done that job before. This book provides the guidance for job seekers who were fired or furloughed and need a job outside their chosen field because it's not coming back fast enough to put food on the table and pay the rent (e.g., event planning, travel industry), job seekers who are unsatisfied in their chosen career (sometimes for decades!) and have no idea what they want to do or can do next, job seekers who know what they want to do but have no obvious experience doing it, and job seekers who have been out of the workforce for years and want a proven plan to reenter. More than ever, people need to determine what they want to do - what they CAN do - with their skills to pay their mortgages and feed their families. And they must learn how to position those transferrable skills quickly and perfectly through the lens of the new job to convince a recruiter to talk to them and a hiring manager to consider them over everyone else.

**how to become a career coach: Great Jobs for Everyone 50 +, Updated Edition** Kerry E. Hannon, 2017-10-27 You can find profitable, fulfilling work after 50! Kerry Hannon's national bestseller, Great Jobs for Everyone 50+, has become the job-hunting bible for people in their forties, fifties, and beyond. With her no-nonsense style, Hannon shows where the opportunities are and how to get them. In this completely revised edition, Hannon offers twice as many jobs and brand-new material to market your skills in today's job market, with expert tips on revamping a résumé, networking, interviewing like a pro, building a social media platform to stand out in the crowd, and much more. Whether you took early retirement, were laid off, are seeking a job that you will love, need supplemental income, or want to stay engaged and make a difference by giving back with your talents, Hannon's book is an essential tool. The truth is that many companies are looking for candidates with your experience, expertise, and maturity. The trick is finding those employers—and going into your search with a positive attitude and realistic expectations. This completely updated Great Jobs shows you how to avoid common job-seeking mistakes and helps you find your ideal employment in today's landscape.

**how to become a career coach: Careers For Dummies** Marty Nemko, 2018-06-19 Feeling stuck? Find out how to work toward the career of your dreams If you're slogging through your days in a boring or unrewarding job, it may be time to make a big change. Careers For Dummies is a comprehensive career guide from a top career coach and counselor that will help you jump start

your career and your life. Dive in to learn more about career opportunities, with a plethora of job descriptions and the certifications, degrees, and continuing education that can help you build the career you've always wanted. Whether you're entering the workforce for the first time or a career-oriented person who needs or wants a change, this book has valuable information that can help you achieve your career goals. Find out how you can build your personal brand to become more attractive to potential employers, how to create a plan to "get from here to there" on your career path, and access videos and checklists that help to drive home all the key points. If you're not happy in your day-to-day work now, there's no better time than the present to work towards change. Get inspired by learning about a wide variety of careers Create a path forward for a new or better career that will be rewarding and fun Determine how to build your personal brand to enhance your career opportunities Get tips from a top career coach to help you plan and implement a strategy for a more rewarding work life Careers For Dummies is the complete resource for those looking to enhance their careers or embark on a more rewarding work experience.

**how to become a career coach: The New Rules of Work** Alexandra Cavoulacos, Kathryn Minshew, 2017 In this definitive guide to the ever-changing modern workplace, Kathryn Minshew and Alexandra Cavoulacos, the co-founders of popular career website TheMuse.com, show how to play the game by the New Rules. The Muse is known for sharp, relevant, and get-to-the-point advice on how to figure out exactly what your values and your skills are and how they best play out in the marketplace. Now Kathryn and Alex have gathered all of that advice and more in The New Rules of Work. Through quick exercises and structured tips, the authors will guide you as you sort through your countless options; communicate who you are and why you are valuable; and stand out from the crowd. The New Rules of Work shows how to choose a perfect career path, land the best job, and wake up feeling excited to go to work every day-- whether you are starting out in your career, looking to move ahead, navigating a mid-career shift, or anywhere in between--

**how to become a career coach: Power Moves** Lauren McGoodwin, 2020-05-19 From the founder of the influential website Career Contessa, an invaluable career resource for women feeling stuck or unfulfilled that combines actionable advice, learning tools to make impactful life changes, and an in-depth discussion of how to build a meaningful career on your terms. With her popular website Career Contessa, Lauren McGoodwin built an audience of ambitious, professional, millennial women who thought they did everything right—they got the degree, the internship, and even the promotion—but still wondered why they felt stuck and unfulfilled. The first site of its kind to focus on the unique, complex aspects of women's careers, Career Contessa offers women the smart advice they deserve, in a voice that resonates. Drawing on the insights and lessons developed from Career Contessa, Power Moves is the essential handbook that helps professional women truly feel understood so they can bypass perfection and planning and head straight to evolving. McGoodwin addresses young professionals' number-one concern: career transitions and growth, and engages them with specific goals, including: What is a Power Move and why they matter Cutting out comparison, shame, and self-loathing How to abandon the elusive "dream job" Embracing your inner questioner, your inner quester, and your inner-quitter Making money moves and taking control of your financial future Tuning out from the noise and tuning into your voice Power Moves is filled with the information, guidance, advice, and essential tools, (including helpful graphics) that can help women take decisive, bold steps without self-doubt and fear, Power Moves shows women how to build a successful career on their own terms.

**how to become a career coach: Essential Career Transition Coaching Skills** Caroline Talbott, 2013-06-19 Career moves (even positive ones) can be disruptive for the individual, and the psychological impact of changing roles or careers is often underestimated. Career transition coaching is a relatively new field, but one that is highly relevant in the modern world. In Essential Career Transition Coaching Skills, Caroline Talbott explores the most effective career transition coaching techniques and explains the psychology behind them. Looking at both self-motivated and enforced career changes, the book pays particular attention to the psychological processes experienced by the client, so that the coach can understand and anticipate their reactions and help

them make the most successful career moves. It covers general skills, tools and techniques that can be applied to any career transition as well as more specific examples such as moving from management into leadership, aspiring business owners and career changers. Case studies illustrating the methods of experienced coaches and step-by-step guides to coaching techniques are also included. Ideal for those already experienced in general coaching and looking to specialise, as well as anyone whose job requires coaching skills, such as managers and HR professionals, this timely book provides a comprehensive guide to the whole transition cycle – from choosing a career direction or change, to making a move and adapting successfully.

**how to become a career coach: *I Don't Know What I Want, But I Know It's Not This*** Julie Jansen, 2016-03-01 The quintessential guide to kick-starting your career, fully revised and updated for the ever-changing modern job market Despite a recovering economy, many Americans are still losing their jobs, while many who do have jobs are overworked, maxed out, and miserable. In this fully revised and updated edition of *I Don't Know What I Want, But I Know It's Not This*, career coach Julie Jansen shows how anyone—whether you're unhappy with your job, or without one—can implement a real and satisfying transformation. Changing careers, conducting a job search, or starting a business is more complicated than ever before. Jansen has updated her classic guide to address the unique challenges of today's job market, from the ever-more important world of social media to new ways of funding your own endeavors online. Filled with quizzes, personality assessments, and real-life examples, this guide helps you identify the type of work you're best suited for and provides the know-how—and the inspiration—for transforming an uncertain time into an opportunity for meaningful change.

**how to become a career coach: *Ask a Manager*** Alison Green, 2018-05-01 From the creator of the popular website *Ask a Manager* and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for *Ask a Manager* “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green's *Ask a Manager* column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* “*Ask a Manager* is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

**how to become a career coach: *Ninja Selling*** Larry Kendall, 2017-01-03 2018 Axiom Business Book Award Winner, Gold Medal Stop Selling! Start Solving! In *Ninja Selling*, author Larry Kendall transforms the way readers think about selling. He points out the problems with traditional selling methods and instead offers a science-based selling system that gives predictable results regardless of personality type. *Ninja Selling* teaches readers how to shift their approach from chasing clients to attracting clients. Readers will learn how to stop selling and start solving by asking the right questions and listening to their clients. *Ninja Selling* is an invaluable step-by-step guide that shows

readers how to be more effective in their sales careers and increase their income-per-hour, so that they can lead full lives. Ninja Selling is both a sales platform and a path to personal mastery and life purpose. Followers of the Ninja Selling system say it not only improved their business and their client relationships; it also improved the quality of their lives.

**how to become a career coach: Business Model You** Timothy Clark, Alexander Osterwalder, Yves Pigneur, 2012-03-12 A one-page tool to reinvent yourself and your career The global bestseller Business Model Generation introduced a unique visual way to summarize and creatively brainstorm any business or product idea on a single sheet of paper. Business Model You uses the same powerful one-page tool to teach readers how to draw personal business models, which reveal new ways their skills can be adapted to the changing needs of the marketplace to reveal new, more satisfying, career and life possibilities. Produced by the same team that created Business Model Generation, this book is based on the Business Model Canvas methodology, which has quickly emerged as the world's leading business model description and innovation technique. This book shows readers how to: Understand business model thinking and diagram their current personal business model Understand the value of their skills in the marketplace and define their purpose Articulate a vision for change Create a new personal business model harmonized with that vision, and most important, test and implement the new model When you implement the one-page tool from Business Model You, you create a game-changing business model for your life and career.

**how to become a career coach: Career Counseling for Women** W. Bruce Walsh, Samuel H. Osipow, 1993-08 First Published in 1993. Routledge is an imprint of Taylor & Francis, an informa company.

**how to become a career coach: Stealing the Corner Office** Brendan Reid, 2014-05-19 Stealing the Corner Office is mandatory reading for smart, hardworking managers who always wonder why their seemingly incompetent superiors are so successful. It is a unique collection of controversial but highly effective tactics for middle managers and aspiring executives who want to learn the real secrets for moving up the corporate ladder. Unlike virtually all other business books—which are based on the assumption that corporations are logical and fair—Stealing the Corner Office explores the unconventional tactics people less competent than you use to get ahead and stay ahead. It is your proven playbook to thrive and win in an imperfect corporate world. Stealing the Corner Office will teach you: How incompetent people so often get ahead, and what you can learn from them. How to make universally flawed corporate policies work in your favor. Why showing too much passion for your ideas can be career suicide. Why delivering results should never be your highest priority. These and many more controversial tactics will change the way you look at your career and how you manage projects, people, and priorities. Apply the 10 principles in Stealing the Corner Office and watch your career take off!

**how to become a career coach: Coach Yourself to a New Career: 7 Steps to Reinventing Your Professional Life** Talane Miedaner, 2010-04-16 Bestselling author offers a step-by-step program to making the right choices about a new career move Don't fear taking the leap into a new career with this seven step program from bestselling author and life coach Talane Miedaner. Whatever the situation or economic environment, Coach Yourself to a New Career gives you the tools to take matters into your own hands by assessing your needs and strengths, finding the right work fit, weighing options and possible sacrifices, and preparing your family for transitions. Packed with expert advice and helpful examples from her many statistical clients—as well as her own career change process—Miedaner shows how anyone can reinvent their professional life. Coach Yourself to a New Career: Offers a seven-step approach to career reinvention and practical advice for a smooth transition Profiles everyday people who achieved career reinvention on their own terms - and what their stories can teach you Shows you how to assess your needs and strengths Helps you decide what tough decisions or sacrifices you may have to make Prepares your spouse or family for transition Miedaner shares her own story of launching her coaching business—with careful planning, hard work, commitment and faith. She shows how you can follow other's examples to achieve the professional life you want.

**how to become a career coach: A Field Guide for Career Practitioners** Jim Peacock, 2019-05

**how to become a career coach: Take Yourself to the Top** Laura Berman Fortgang, 1999 A recent trend in personal development is life coaching: it's somewhere between having a personal trainer and a therapist, someone to check up on you and make sure you are doing what you need to do to achieve your personal and professional goals. Life coaches focus on the future not the past, they look at obstacles to success and fulfillment not to open them up for introspection but to overcome them and achieve goals.

**how to become a career coach: *Don't Stay in Your Lane*** Cynthia Pong, 2020-08-27

**how to become a career coach: You Turn** Ashley Stahl, 2021-01-26 If you're thinking about buying this book, it's probably because it feels like something's missing in your career. Guess what? It could be YOU. Whether you're living for the weekends or counting the minutes until 5 pm every day, life is too short to wish it away because you feel stuck in your job. The good news is that you have the power to stop living on autopilot and turn your career around. Follow your passion, find your purpose, and do what you love have joined the parade of bland directives that aren't doing much to actually help you figure out what you're meant to do with your career. Instead, they only create more confusion. If all we had to do is follow our bliss . . . why aren't we blissful yet? The truth is, the best career is not one where you only do what you love, but one where you honor who you are. In *You Turn*, counterterrorism professional turned career coach Ashley Stahl shares the strategies she's used to help thousands ditch their Monday blues, get clarity on what work lights them up, and devise an action plan to create a career they love. This book gives readers access to Stahl's coveted 11-step roadmap that has guided thousands of coaching clients in 31 countries to self-discovery and success. Throughout her process, you'll:

- Discover your Core Skillset. Uncover your gifts and talents to create an intentional career path that's fulfilling and aligned with who you are—and what you're good at.
- Understand your Inner Money Blueprint. Discover the root of your money mindset, and how to break free of financial limitation.
- Clarify your Core Interests. Identify the difference between a passion, gift, and calling so you can get clear on what's meant to be a hobby—and what's meant to be a career!
- Become your own coach. Walk away with a unique set of tools for staying true to your best self in times of stress, frustration, or anxiety. Whether you're considering a career pivot, or just curious about what else is possible for you, it's time to make a you turn—to get unstuck, discover your true self, and thrive (not just survive) in your career.

**how to become a career coach: Fair Play** Eve Rodsky, 2021-01-05 AN INSTANT NEW YORK TIMES BESTSELLER • A REESE'S BOOK CLUB PICK Tired, stressed, and in need of more help from your partner? Imagine running your household (and life!) in a new way... It started with the Sh\*t I Do List. Tired of being the “shefault” parent responsible for all aspects of her busy household, Eve Rodsky counted up all the unpaid, invisible work she was doing for her family—and then sent that list to her husband, asking for things to change. His response was...underwhelming. Rodsky realized that simply identifying the issue of unequal labor on the home front wasn't enough: She needed a solution to this universal problem. Her sanity, identity, career, and marriage depended on it. The result is *Fair Play*: a time- and anxiety-saving system that offers couples a completely new way to divvy up domestic responsibilities. Rodsky interviewed more than five hundred men and women from all walks of life to figure out what the invisible work in a family actually entails and how to get it all done efficiently. With 4 easy-to-follow rules, 100 household tasks, and a series of conversation starters for you and your partner, *Fair Play* helps you prioritize what's important to your family and who should take the lead on every chore, from laundry to homework to dinner. “Winning” this game means rebalancing your home life, reigniting your relationship with your significant other, and reclaiming your Unicorn Space—the time to develop the skills and passions that keep you interested and interesting. Stop drowning in to-dos and lose some of that invisible workload that's pulling you down. Are you ready to try *Fair Play*? Let's deal you in.

**how to become a career coach: Dare to Be Deliberate** Angee Linsey, 2018-11-15 Executive Recruiter and Career Coach Angee Linsey has helped scores of marketing and communications



leaders hire great talent and be more intentional in how they manage their careers. With this book as a guide, mid-to-senior level comms professionals get practical advice on how to move away from the middle of the pack and level up their career.

**how to become a career coach:** *Bulletproof Your Career* Patricia Romboletti, 2018-10-09

**how to become a career coach:** **Career coaching** Marcia Bench, 2004-01-01 Increasingly, companies from the Fortune 500 to family-owned private enterprises are incorporating career coaching into their employee development programs. This workbook illustrates that learning to coach need not be long, complex, nor expensive. (Careers/Job Opportunities)

**how to become a career coach:** *The PhD Career Coaching Guide* Tina Kv Persson, 2020-02-19 Job Search Strategies, Interview Techniques and Life Lessons for Achieving Success

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VCCC PROGRAM: A BLENDED TRAINING MODEL FOR SCALING CAREER COACHING | 3 . styles and approaches; career planning; self-exploration and assessment; career and ...

#### Your Career Coaching Toolkit - The Coaching Tools Company

Whether you're a career coach or helping someone with career goals, these tools will help. These exercises provide great input for performance reviews, and clients can use their newfound ...

#### The Certified Professional Career Coach program

Be coached as you learn to coach and equip yourself to steer career seekers to make positive changes in their careers and lives. Benefits of the CPCC program include. Coach your Clients ...

#### FabJob Guide to Become a Life Coach

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#### **Federal Coaching Frequently Asked Questions: Q. What is ...**

- Facilitate change management.
- Achieve professional career goals.
- Streamline or identify functional efficiencies.
- Solve individual leadership challenges.

#### *Valuing People Now - Employment*

Valuing People Now - Employment. Supported employment and job coaching: best practice guidelines. Introduction. Employment is a priority for people with a learning disability as set out ...

#### Create a Career You Love - [hannahsalton.co.uk](http://hannahsalton.co.uk)

Bespoke career coaching programme for professionals who want more from their career.  
Programme overview: 12 hours of one-to-one contact time. Unrivalled blend of career ...

#### **Coach Yourself to a New Career: 7 Steps to Reinventing Your ...**

Coach Yourself Career to a New 7 Steps to Reinventing Your Professional Life “Wow, what a toolbox for success! Talane’s book has everything you need to create a career that will support ...

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#### *How do I become a coach - Coaching and Mentoring Net...*

FAQ Guide: How do I become a coach? What background do I need to be a ...

#### **Career Coach Certificate Course - [iapcollege.com](http://iapcollege.com)**

You will learn: what a career coach does and how to do career coaching, ...

#### **How To Become A Career Coach - [dev.fairburn.n-yorks....](http://dev.fairburn.n-yorks....)**

2 How To Become A Career Coach Published at [dev.fairburn.n-yorks....](http://dev.fairburn.n-yorks....) ...

#### Certified Professional Career Coach

The CPCC program is a full-spectrum career coaching program that trains ...

#### *Career Coach Handbook - CEWD*

Career coaching is integral to the success of the ASC-GIEC Program ...